

# What is ImPACT?

#### 1. What is ImPACT?

ImPACT is an objective tool to support trained healthcare providers in making sound return to activity decisions following concussions. It's a computerized test that measures memory, attention span, visual and verbal problem solving. ImPACT has two primary uses: before the onset of an activity, a baseline test is conducted to measure the athlete's performance baseline. In the event of an injury, a post-injury test is administered and compared to the baseline and/or normative data scores.

## 2. Why use ImPACT?

Neurocognitive testing is the "cornerstone" of modern concussion management. It gives healthcare providers objective data to evaluate a patient's post-injury condition and aids in tracking recovery for safe return to activity.

## 3. Who is currently using ImPACT?

Thousands of **high schools, colleges, and universities**, thousands of **clinical centers**, hundreds of **Credentialed ImPACT Consultants**, hundreds of **professional teams**, and select **military units** choose ImPACT to assist in the management of concussion. Since 2002, ImPACT has served tens of millions of individual test takers.

### 4. ImPACT is NOT:

- A diagnostic test. ImPACT is one tool that can be used by medical professionals to help measure an individual's recovery from a concussion.
- · A one step solution to concussions.
- A preventative tool. Nothing can truly prevent concussions.
- A substitute for medical treatment or management.
- A replacement for a CT scan, MRI or other medical technology.